

# PD Year 9 Overview 2017/18



	Module 1 Health and Well-being 1	Module 2 Health and Well-being 2	Module 3 Relationships	Module 4 Living in the Wider World	Module 5 Citizenship
4 lessons	<p><b><u>Emotional well-being</u></b> Emotional resilience. Understanding emotions Anger management. Unit 10</p> <p><b><u>Mental well-being</u></b> Anxiety &amp; depression. How to keep healthy. Self harming. Eating disorders. How to cope with stress. Unit 1 Unit 13</p> <p><b><u>Healthy lifestyle</u></b> Who can I talk to about my health?</p>	<p><b><u>Drugs</u></b> Underage drinking Unit 8</p> <p><b><u>Study Skills</u></b> Examination preparation for GCSE. How to make positive impacts with study skills.</p> <p><b><u>Healthy Eating</u></b> Keeping the body and mind fit.</p> <p><b><u>The Media</u></b> The press in Britain. Power of the press. Unit 12</p>	<p><b><u>RSE (TYL / KG)</u></b> Contraception, Sexting and the Law. Sexual health. Unit 7</p> <p>Choices Attitudes and expectations.</p> <p><b><u>Consent</u></b> Consent workshop – Ticey Ash</p> <p><b><u>Managing Loss</u></b> Bereavement and grief</p>	<p><b><u>Communities</u></b> Racism, prejudices and discrimination. Unit 2</p> <p>Community environments.</p> <p><b><u>Mental Illness in the community.</u></b> Unit 21</p> <p><b><u>Financial choices</u></b> Me and my money. Unit 6 Unit 18</p> <p><b><u>You as a global citizen</u></b> Unit 19</p>	<p><b><u>Rules and Fairness</u></b> Youth Justice. Unit 15</p> <p><b><u>Laws and Justice systems</u></b> You and the Law Unit 9</p> <p><b><u>Liberty and Freedom</u></b> Civil liberties. Unit 5</p> <p><b><u>Parliamentary Democracy</u></b> Brexit Which political Party? Unit 16</p>
Outcome	<p>To describe ones identity. Explain the differences between assertive, aggressive and passive behaviour. To examine disorders.</p>	<p>To identify the consequence of drug taking. What to do in an emergency caused by drug taking. Pressures from the media.</p>	<p>To discuss how to cope with bereavement. To explain what safer sex means and how to avoid STIs. To explore attitudes to sex.</p>	<p>To understand what racism is. To examine forms of discrimination and impact on individuals. To explain what mental illness is and impact. Identify consumer rights.</p>	<p>To understand youth courts and explore sentences. To explore aims of punishment and the effectiveness. To explore rights and equal opportunities. To research the political parties of the UK.</p>